

ST NICHOLAS' ANGLICAN CHURCH, HELSINKI

A diverse and inclusive community of Word and Sacrament

Eucharist on the Second Sunday before Lent, 20th February 2022



Christ calming the storm, fresco from the katholikon of Gračanica monastery, ca. 1320.

St Nicholas' Anglican Church

Tehtaankatu

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www.anglican.fi

We warmly welcome you to our Sunday Eucharist! We hope you will stay for a chat and refreshments after the service.

Safeguarding

We are committed to the safeguarding, care and nurture of everyone within our community. Please contact the safeguarding officer or chaplain for assistance or advice; we respond promptly to every concern or allegation.

Participating in the Service

The order of service indicates whether to sit or stand, however please feel free to adopt the posture that you feel most comfortable with. If you have difficulty coming up for communion then please let the Verger know and we will bring Communion to you.

Music

Music notation for the Kyrie & Gloria, Sanctus & Benedictus, and Agnus Dei are available on a separate sheet.

Children

Children are always welcome at our services. Sunday School takes place during school term-time, on Sundays at 10am in the Church crypt. We also have a Youth Group for ages 11 plus. To find out more please speak to one of our Sunday School teachers on the contact list.

Giving to St Nicholas

The Chaplaincy does not benefit from 'Church tax.' We have a contactless payment option and a collection basket at the back of Church. Please consider regular giving via our website or using the Chaplaincy Bank Details: The Anglican Church in Finland, IBAN: FI19 3131 1000 3283 06 Ref:1009. You can also use Mobile Pay to make a donation, using number 95789.

Social media

You can follow us on

Facebook: <https://www.facebook.com/anglicanfinland>

Instagram: https://www.instagram.com/anglican_church_helsinki/

Twitter: St Nicholas' Church, Helsinki @anglicanfinland

If you would like to receive our weekly newsletter then please visit the 'Contact Us' page on our website

Video & Photography

We kindly ask that no photos are taken during the service to protect the privacy of fellow worshippers. Our services are streamed online and every care is taken to ensure that members of the congregation are not visible, but if you have any questions then please speak with the Verger.

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Please stand as the clergy enter

O Lord, how manifold are your works!
In wisdom you have made them all;
the earth is full of your creatures. (*Psalm 104.24*)

Let us proceed in peace
In the name of Christ, Amen!

Entrance Hymn: O Worship the King

**O worship the King, all glorious above;
O gratefully sing his power and his love;
our shield and defender, the Ancient of Days,
pavilioned in splendour and girded with praise.**

**O tell of his might, O sing of his grace,
whose robe is the light, whose canopy space;
his chariots of wrath the deep thunderclouds form,
and dark is his path on the wings of the storm.**

**The earth with its store of wonders untold,
Almighty, thy power hath founded of old,
hath stablished it fast by a changeless decree,
and round it hath cast, like a mantle, the sea.**

**Thy bountiful care, what tongue can recite?
It breathes in the air; it shines in the light;
it streams from the hills, it descends to the plain,
and sweetly distils in the dew and the rain.**

Choir only:

*Frail children of dust, and feeble as frail,
in thee do we trust, nor find thee to fail;
thy mercies how tender, how firm to the end,
our maker, defender, redeemer, and friend.*

**O measureless Might, ineffable Love,
while angels delight to hymn thee above,
the humbler creation, though feeble their lays,
with true adoration shall sing to thy praise.**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

The Greeting

The Lord be with you
and also with you.

Words of welcome or introduction may be said.

Prayer of Preparation

Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. **Amen.**

Prayers of Penitence

God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins,
to be our advocate in heaven,
and to bring us to eternal life.

Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

Silence is kept

**Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.**

**We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name. Amen.**

The President declares absolution.

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. Amen.

Kyrie & Gloria *we sing*

**Lord, have mercy; Lord, have mercy; Lord, have mercy.
Christ, have mercy; Christ, have mercy; Christ have mercy.
Lord, have mercy; Lord, have mercy; Lord have mercy.**

**Glory to God in the highest,
and peace to his people on earth**

**Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

The Collect *we remain standing*

The president introduces a period of silent prayer with the words 'Let us pray' or a more specific bidding.

Almighty God,
you have created the heavens and the earth
and made us in your own image:
teach us to discern your hand in all your works
and your likeness in all your children;
through Jesus Christ your Son our Lord,
who with you and the Holy Spirit reigns supreme over all things,
now and for ever.
Amen.

THE LITURGY OF THE WORD

The First Reading: Genesis 2.4b-9, 15-25. Read by Jeremy Johnson. *We sit*

A reading from the book of Genesis

In the day that the LORD God made the earth and the heavens, when no plant of the field was yet in the earth and no herb of the field had yet sprung up for the LORD God

had not caused it to rain upon the earth, and there was no one to till the ground; but a stream would rise from the earth, and water the whole face of the ground then the LORD God formed man from the dust of the ground, and breathed into his nostrils the breath of life; and the man became a living being. And the LORD God planted a garden in Eden, in the east; and there he put the man whom he had formed. Out of the ground the LORD God made to grow every tree that is pleasant to the sight and good for food, the tree of life also in the midst of the garden, and the tree of the knowledge of good and evil.

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, 'You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.'

The LORD God said, 'It is not good that the man should be alone; I will make him a helper as his partner.' So out of the ground the LORD God formed every animal of the field and every bird of the air, and brought them to the man to see what he would call them; and whatever the man called every living creature, that was its name. The man gave names to all cattle, and to the birds of the air, and to every animal of the field; but for the man there was not found a helper as his partner. So the LORD God caused a deep sleep to fall upon the man, and he slept; then he took one of his ribs and closed up its place with flesh. And the rib that the LORD God had taken from the man he made into a woman and brought her to the man. Then the man said, 'This at last is bone of my bones and flesh of my flesh; this one shall be called Woman, for out of Man this one was taken.'

Therefore a man leaves his father and his mother and clings to his wife, and they become one flesh. And the man and his wife were both naked, and were not ashamed.

This is the word of the Lord.

Thanks be to God.

Psalm 65 sung by the Choir

The Second Reading: Revelation 4. Read by Rebecca Maaranto. *We sit*

A reading from the book of Revelation

I looked, and there in heaven a door stood open! And the first voice, which I had heard speaking to me like a trumpet, said, 'Come up here, and I will show you what must take place after this.' At once I was in the spirit, and there in heaven stood a throne, with one seated on the throne! And the one seated there looks like jasper and cornelian, and around the throne is a rainbow that looks like an emerald. Around the throne are twenty-four thrones, and seated on the thrones are twenty-four elders, dressed in white robes, with golden crowns on their heads. Coming from the throne are flashes of lightning, and rumblings and peals of thunder, and in front of the throne burn seven flaming torches, which are the seven spirits of God; and in front of the throne there is something like a sea of glass, like crystal. Around the throne, and on each side of the throne, are four living creatures, full of eyes in front and behind: the first living creature like a lion, the second living creature like an ox, the third living creature with a face like a human face, and the fourth living creature like a flying eagle. And the four living

creatures, each of them with six wings, are full of eyes all around and inside. Day and night without ceasing they sing,
'Holy, holy, holy,
the Lord God the Almighty,
who was and is and is to come.'

And whenever the living creatures give glory and honour and thanks to the one who is seated on the throne, who lives for ever and ever, the twenty-four elders fall before the one who is seated on the throne and worship the one who lives for ever and ever; they cast their crowns before the throne, singing,
'You are worthy, our Lord and God,
to receive glory and honour and power,
for you created all things,
and by your will they existed and were created.'

This is the word of the Lord.
Thanks be to God.

Gradual Hymn: Eternal Father, Strong to Save

**Eternal Father, strong to save,
Whose arm does bind the restless wave,
Who bids the mighty ocean deep
Its own appointed limits keep;
O hear us when we cry to Thee
For those in peril on the sea.**

**O Savior, whose almighty word
The winds and waves submissive heard,
Who walked upon the foaming deep,
And calm amid the rage did sleep;
O hear us when we cry to Thee
For those in peril on the sea.**

**O Holy Spirit, who did brood
Upon the waters dark and rude,
And bid their angry tumult cease,
And give for wild confusion peace;
O hear us when we cry to Thee
For those in peril on the sea.**

**O Trinity of love and power,
Your children shield in danger's hour;
From rock and tempest, fire, and foe,
Protect them where-so-e'er they go;
Thus, evermore shall rise to Thee
Glad hymns of praise from land and sea.**

Gospel Reading: Luke 8.22-25. *Please remain standing*

Alleluia! **Alleluia!**

Blessed are those who hear the word of God and obey it! (*Luke 11.28*) **Alleluia**

The Lord be with you

and also with you.

Hear the Gospel of our Lord Jesus Christ according to Luke.

Glory to you, O Lord.

One day Jesus got into a boat with his disciples, and he said to them, 'Let us go across to the other side of the lake.' So they put out, and while they were sailing he fell asleep. A gale swept down on the lake, and the boat was filling with water, and they were in danger. They went to him and woke him up, shouting, 'Master, Master, we are perishing!' And he woke up and rebuked the wind and the raging waves; they ceased, and there was a calm. He said to them, 'Where is your faith?' They were afraid and amazed, and said to one another, 'Who then is this, that he commands even the winds and the water, and they obey him?'

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon *please sit*

The Nicene Creed *please stand*

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father *[and the Son]**,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and
apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

**For ecumenical reasons, and according to the Anglican – Oriental Orthodox Agreement, Filioque can be omitted.*

Prayers of Intercession *please sit or stand*

The response to the petition

Lord, in your mercy is
hear our prayer.

The prayers conclude:

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

THE LITURGY OF THE SACRAMENT

The Peace *please stand*

We are the body of Christ. In the one Spirit we were all baptized into one body. Let us then pursue all that makes for peace and builds up our common life.

The peace of the Lord be always with you.
and also with you.

Let us offer one another a sign of peace. *Please wave or use a 'Namaste' greeting.*

Preparation of the Table

A hymn is sung and the gifts of the people may be gathered and presented.

If you would like to make a donation to support the continuing mission of the Chaplaincy then please do so after the service – we have a mobile pay option (number 95789), contactless payment option, or offerings can be made in the basket provided at the back of Church. Thank you!

Offertory Hymn: Around the Throne of God TUNE: SOLOTHURN

**Around the throne of God a band
of glorious angels ever stand;
bright things they see, sweet harps they hold,
and on their heads are crowns of gold.**

**Some wait around him, ready still
to sing his praise and do his will;
and some, when he commands them, go
to guard his servants here below.**

**Lord, give thy angels every day
command to guide us on our way,
and bid them every evening keep
their watch around us while we sleep.**

**So shall no wicked thing draw near,
to do us harm or cause us fear;
and we shall dwell, when life is past,
with angels round thy throne at last.**

Please stand whilst the table is prepared and bread and wine are placed upon it. One or more prayers may be said.

Blessed are you, Lord God of all creation: through your goodness we have this bread to set before you, which earth has given and human hands have made. It will become for us the bread of life.

Blessed be God for ever.

Blessed are you, Lord God of all creation: through your goodness we have this wine to set before you, fruit of the vine and work of human hands. It will become for us the cup of salvation.

Blessed be God for ever.

This, or another suitable prayer may be read:

Source of all life, the heaven and the earth are yours,
yet you have given us dominion over all things:
receive these gifts of your creation
which we offer you this day,
in the name of Jesus Christ our Lord.
Amen.

The Eucharistic Prayer *please stand*

The Lord be with you
and also with you

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

It is truly right and just, our duty and our salvation,
always and everywhere to give you thanks,
holy Father, almighty and eternal God.
From sunrise to sunset this day is holy,
for Christ has risen from the tomb
and scattered the darkness of death
with light that will not fade.
This day the risen Lord walks with your gathered people,
unfolds for us your word,
and makes himself known in the breaking of the bread.
And though the night will overtake this day
you summon us to live in endless light,
the never-ceasing sabbath of the Lord.
And so with choirs of angels,
with all the heavenly host,
we proclaim your glory
and join their unending song of praise:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends
and, taking bread, he praised you.
He broke the bread, gave it to them and said:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.
Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.
Look with favour on your people,
gather us in your loving arms
and bring us with [*N and*] all the saints
to feast at your table in heaven.
Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever. **Amen.**

The Lord's Prayer

Let us pray with confidence as our Saviour has taught us:

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done;

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation;

but deliver us from evil.

For thine is the kingdom,

the power and the glory,

for ever and ever. Amen.

The Breaking of Bread

We break this bread to share in the body of Christ.

Though we are many, we are one body,

because we all share in one bread.

The Agnus Dei *we sing*

**Jesus, Lamb of God:
have mercy on us.
Jesus, bearer of our sins:
have mercy on us.
Jesus redeemer of the world:
grant us your peace.**

Giving of Communion

The president says the invitation to communion:

God's holy gifts for God's holy people.
**Jesus Christ is holy,
Jesus Christ is Lord,
to the glory of God the Father.**

Music During Communion: Breathe on Me, Breath of God TUNE: CARLISLE
sung by the choir

PLEASE WAIT TO BE INVITED BY THE VERGER TO RECEIVE HOLY COMMUNION.

We kindly ask that you extend your hands, with your face covering in place. You may lower or unloop your face mask to consume the consecrated bread and then replace the face mask before moving back to your place in the congregation.

The president and people receive communion. The Church of England invites to Holy Communion all baptised persons who are communicant members of other Churches which subscribe to the doctrine of the Holy Trinity, and who are in good standing in their own Church. Those who are prevented by conscience or the rules of their own Churches from receiving the Blessed Sacrament are invited to receive a blessing. Gluten-free bread is available upon request.

Post-Communion Hymn: Guide Me, O Thou Great Redeemer

**Guide me, O thou great Redeemer,
pilgrim through this barren land;
I am weak, but thou art mighty;
hold me with thy powerful hand:
Bread of Heaven, Bread of Heaven,
feed me now and evermore,
feed me now and evermore.**

**Open now the crystal fountain,
whence the healing stream doth flow;
let the fire and cloudy pillar
lead me all my journey through:
strong deliverer, strong deliverer,
be thou still my strength and shield;
be thou still my strength and shield.**

**When I tread the verge of Jordan,
bid my anxious fears subside;
death of death, and hell's destruction,
land me safe on Canaan's side:
songs of praises, songs of praises,
I will ever give to thee,
I will ever give to thee.**

To everyone who conquers, says the Lord,
I will give permission to eat from the tree of life
that is in the paradise of God. (*Revelation 2.7*)

Silence is kept.

Post-Communion Prayers

God our creator,
by your gift
the tree of life was set at the heart of the earthly paradise,
and the bread of life at the heart of your Church:
may we who have been nourished at your table on earth
be transformed by the glory of the Saviour's cross
and enjoy the delights of eternity;
through Jesus Christ our Lord.
Amen.

Please stand

**Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out
in the power of your Spirit
to live and work
to your praise and glory.
Amen.**

THE DISMISSAL

Blessing

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always. **Amen.**

Some brief announcements may be made by the president

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Recessional Hymn: Love Divine, All Loves Excelling TUNE: BLAENWERN

**Love divine, all loves excelling,
joy of heaven, to earth come down,
fix in us thy humble dwelling,
all thy faithful mercies crown.
Jesu, thou art all compassion,
pure, unbounded love thou art.
Visit us with thy salvation;
enter every trembling heart.**

**Come, Almighty, to deliver,
let us all thy life receive.
Suddenly return, and never,
nevermore they temples leave.
Thee we would be always blessing,
serve thee as thy hosts above,
pray, and praise thee without ceasing,
glory in thy perfect love.**

**Finish, then, thy new creation;
pure and spotless let us be.
Let us see thy great salvation
perfectly restored in thee.
Changed from glory into glory,
till in heaven we take our place,
till we cast our crowns before thee,
lost in wonder, love, and praise.**

The ministers and people depart.

PLEASE WAIT TO BE GUIDED OUT SAFELY BY THE VERGER

Thank you for joining us in worship today, we hope to welcome you again soon!

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