

ST NICHOLAS' ANGLICAN CHURCH, HELSINKI

A diverse and inclusive community of Word and Sacrament

Sung Eucharist, 5th September 2021, Fourteenth Sunday after Trinity



Christ and the Canaanite Woman by Sebastiano Ricci

St Nicholas' Anglican Church

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Welcome

We warmly welcome you to our Sunday Eucharist! We hope you will stay for a chat and refreshments in the crypt after the service.

Staying Safe

You will be asked for a contact number when you arrive at Church for the purposes of Contact Tracing. Please sanitise your hands as you enter Church and wear a face mask. The Verger will guide you to your seat to ensure social distancing is maintained.

Participating in the Service

The order of service indicates whether to sit or stand, however please feel free to adopt the posture that you feel most comfortable with. If you have difficulty coming up for communion then please let the Verger know and we will bring Communion to you.

Music

Music notation for the Kyrie & Gloria, Sanctus & Benedictus, and Agnus Dei are available on a separate sheet.

Children

Children are always welcome at our services. Sunday School takes place during school term-time, on Sundays at 10am in the Church crypt. We also have a Youth Group for ages 11 plus. To find out more please speak to one of our Sunday School teachers on the contact list or see our weekly newsletter.

Giving to St Nicholas

The Chaplaincy does not benefit from 'Church tax.' We have a contactless payment option and a collection basket at the back of Church. Please consider regular via our website or using the Chaplaincy Bank Details: Suomen Anglikaaninen Kirkko (The Anglican Church in Finland), IBAN: F173 3131 1000 3282 07Ref:1009

Social media

You can follow us on

Facebook: <https://www.facebook.com/anglicanfinland>

Instagram: https://www.instagram.com/anglican_church_helsinki/

Twitter: St Nicholas' Church, Helsinki @anglicanfinland

If you would like to receive our weekly newsletter then please visit the 'Contact Us' page on our website

Video & Photography

We kindly ask that no photos are taken during the service to protect the privacy of fellow worshippers. Our services are streamed online and every care is taken to ensure that members of the congregation are not visible, but if you have any questions then please speak with the Verger.

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Please stand as the clergy enter

God is spirit and those who worship him must worship in spirit and in truth.
(John 4.24)

Let us proceed in peace
In the name of Christ, Amen!

Entrance Hymn: Come, Ye Faithful, Raise the Anthem

**Come, ye faithful, raise the anthem,
cleave the skies with shouts of praise;
sing to him who found the ransom,
Ancient of eternal days,
God of God, the Word incarnate,
whom the heaven of heaven obeys.**

**Ere he raised the lofty mountains,
formed the seas, or built the sky,
love eternal, free, and boundless,
moved the Lord of life to die,
fore-ordained the Prince of princes
for the throne of Calvary.**

**There, for us and our redemption,
see him all his life-blood pour!
there he wins our full salvation,
dies that we may die no more;
then, arising, lives for ever,
reigning where he was before.**

**High on yon celestial mountains
stands his sapphire throne, all bright,
midst unending alleluias
bursting from the sons of light;
Sion's people tell his praises,
victor after hard-won fight.**

**Bring your harps, and bring your incense,
sweep the string and pour the lay;
let the earth proclaim his wonders,
King of that celestial day;
he the Lamb once slain is worthy,
who was dead, and lives for ay.**

**Laud and honour to the Father,
laud and honour to the Son,
laud and honour to the Spirit,**

**ever Three and ever One,
consubstantial, co-eternal,
while unending ages run.**

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

The Greeting

The Lord be with you
and also with you.

Words of welcome or introduction may be said.

Prayer of Preparation

**Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

Prayers of Penitence

God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins,
to be our advocate in heaven,
and to bring us to eternal life.
Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

Silence is kept

**Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name. Amen.**

The President declares absolution.

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord. **Amen.**

Kyrie & Gloria *we sing*

**Lord, have mercy; Lord, have mercy; Lord, have mercy.
Christ, have mercy; Christ, have mercy; Christ have mercy.
Lord, have mercy; Lord, have mercy; Lord have mercy.**

**Glory to God in the highest,
and peace to his people on earth**

**Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

The Collect *we remain standing*

The president introduces a period of silent prayer with the words 'Let us pray' or a more specific bidding.

Almighty God,
whose only Son has opened for us
a new and living way into your presence:
give us pure hearts and steadfast wills
to worship you in spirit and in truth;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,

in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

THE LITURGY OF THE WORD

The First Reading: Isaiah 35.4-7a. Read by Dave Griffiths *we sit*

A reading from the book of the prophet Isaiah

Say to those who are of a fearful heart,
'Be strong, do not fear!
Here is your God.
He will come with vengeance,
with terrible recompense.
He will come and save you.'
Then the eyes of the blind shall be opened,
and the ears of the deaf unstopped;
then the lame shall leap like a deer,
and the tongue of the speechless sing for joy.
For waters shall break forth in the wilderness,
and streams in the desert;
the burning sand shall become a pool,
and the thirsty ground springs of water.
This is the word of the Lord.
Thanks be to God.

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Thanks be to God.

Psalm 146 sung to a chant by Charles Villiers Stanford (1852-1924) *we remain seated*

The Second Reading: James 1.1-17 Read by Lara McCoy *we sit*

A reading from the epistle of St James

My brothers and sisters, do you with your acts of favouritism really believe in our glorious Lord Jesus Christ? For if a person with gold rings and in fine clothes comes into your assembly, and if a poor person in dirty clothes also comes in, and if you take notice of the one wearing the fine clothes and say, 'Have a seat here, please,' while to the one who is poor you say, 'Stand there,' or, 'Sit at my feet,' have you not made distinctions among yourselves, and become judges with evil thoughts? Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him? But you have dishonoured the poor. Is it not the rich who oppress you? Is it not they who drag you into court? Is it not they who blaspheme the excellent name that was invoked over you?

You do well if you really fulfil the royal law according to the scripture, 'You shall love your neighbour as yourself.' But if you show partiality, you commit sin and are convicted by the law as transgressors. For whoever keeps the whole law but fails in one point has become accountable for all of it. For the one who said, 'You shall not commit adultery,' also said, 'You shall not murder.' Now if you do not commit adultery but if you murder, you have become a transgressor of the law. So speak and so act as those who are to be judged by the law of liberty. For judgement will be without mercy to anyone who has shown no mercy; mercy triumphs over judgement.

What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them, 'Go in peace; keep warm and eat your fill,' and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead.

This is the word of the Lord.

Thanks be to God.

Gradual Hymn: Thine Arm, O Lord, in Days of Old *please stand*

**Thine arm, O Lord, in days of old
was strong to heal and save;
it triumphed o'er disease and death,
o'er darkness and the grave.
To thee they went, the blind, the dumb,
the palsied, and the lame,
the leper with his tainted life,
the sick with fevered frame.**

**And lo! thy touch brought life and health,
gave hearing, strength, and sight;
and youth renewed and frenzy calmed
owned thee, the Lord of light:
and now, O Lord, be near to bless,
almighty as of yore,
in crowded street, by restless couch,
as by Gennesaret's shore.**

**Be thou our great deliverer still,
thou Lord of life and death;
restore and quicken, soothe and bless,
with thine almighty breath:
to hands that work and eyes that see,
give wisdom's heavenly lore,
that whole and sick, and weak and strong,
may praise thee evermore.**

Gospel Reading: Mark 5.21-43 *please remain standing*

Jesus cast out many demons, but would not permit the demons to speak, because they knew him. **Alleluia!** (Mark 1.34)

The Lord be with you

and also with you.

Hear the Gospel of our Lord Jesus Christ according to Mark.

Glory to you, O Lord.

Jesus set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophenician origin. She begged him to cast the demon out of her daughter. He said to her, 'Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs.' But she answered him, 'Sir, even the dogs under the table eat the children's crumbs.' Then he said to her, 'For saying that, you may go – the demon has left your daughter.' So she went home, found the child lying on the bed, and the demon gone.

Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, 'Ephphatha,' that is, 'Be opened.' And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, 'He has done everything well; he even makes the deaf to hear and the mute to speak.'

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon *please sit*

The Nicene Creed *please stand*

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;**

through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father *[and the Son]**;
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and
apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

**For ecumenical reasons, and according to the Anglican – Oriental Orthodox Agreement, Filioque can be omitted.*

Prayers of Intercession *please sit or stand*

The response to the petition
Lord, in your mercy *is*
hear our prayer.

The prayers conclude:
Merciful Father,
accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.

THE LITURGY OF THE SACRAMENT

The Peace *please stand*

We are the body of Christ.
In the one Spirit we were all baptized into one body.
Let us then pursue all that makes for peace and builds up our common life.

The peace of the Lord be always with you.
and also with you.

Let us offer one another a sign of peace. *Please wave or use a 'Namaste' greeting.*

Preparation of the Table

Offertory Hymn: Be Thou My Vision

**Be thou my vision, O Lord of my heart;
naught be all else to me, save that thou art.
Thou my best thought, by day or by night,
waking or sleeping, thy presence my light.**

**Be thou my wisdom, be thou my true word;
I ever with thee, and thou with me, Lord;
thou my great Father; thine own may I be,
thou in me dwelling and I one with thee.**

**Riches I heed not, nor the world's empty praise;
thou mine inheritance, now and always.
Thou and thou only, first in my heart,
High King of heaven, my treasure thou art.**

**High King of heaven, when victory is won,
may I reach heaven's joys, O bright heaven's Sun!
Heart of my own heart, whatever befall,
still be my vision, O Ruler of all.**

If you would like to make a donation to support the continuing mission of the Chaplaincy then please do so after the service as you exit the Church – we have a contactless payment option or offerings can be made in the basket provided. Thank you!

Please stand whilst the table is prepared and bread and wine are placed upon it. One or more prayers may be said.

Blessed are you, Lord God of all creation: through your goodness we have this bread to set before you, which earth has given and human hands have made. It will become for us the bread of life. **Blessed be God for ever.**

Blessed are you, Lord God of all creation: through your goodness we have this wine to set before you, fruit of the vine and work of human hands. It will become for us the cup of salvation. **Blessed be God for ever.**

This, or another suitable prayer may be read:

Great and holy God,
accept our offering of labour and love:
may we bring you true and spiritual worship
and be one with you through Jesus Christ our Lord.
Amen.

The Eucharistic Prayer *please stand*

The Lord be with you
and also with you

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

It is truly right and just, our duty and our salvation,
always and everywhere to give you thanks,
holy Father, almighty and eternal God.
From sunrise to sunset this day is holy,
for Christ has risen from the tomb
and scattered the darkness of death
with light that will not fade.
This day the risen Lord walks with your gathered people,
unfolds for us your word,
and makes himself known in the breaking of the bread.
And though the night will overtake this day
you summon us to live in endless light,
the never-ceasing sabbath of the Lord.
And so, with choirs of angels
and with all the heavenly host,
we proclaim your glory
and join their unending song of praise:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.
As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

Amen.

The Lord's Prayer

Let us pray with confidence as our Saviour has taught us:

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done;

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation;

but deliver us from evil.

**For thine is the kingdom,
the power and the glory,
for ever and ever. Amen.**

The Breaking of Bread

We break this bread
to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

The Agnus Dei *we sing*

**Jesus, Lamb of God:
have mercy on us.
Jesus, bearer of our sins:
have mercy on us.
Jesus redeemer of the world:
grant us your peace.**

Giving of Communion

The president says the invitation to communion:

God's holy gifts for God's holy people.
**Jesus Christ is holy,
Jesus Christ is Lord,
to the glory of God the Father.**

Music During Communion *the Choir sing or instrumental music is played*

PLEASE WAIT TO BE INVITED BY THE VERGER TO RECEIVE HOLY COMMUNION.

We kindly ask that you extend your hands, with your face covering in place. You may lower or unloop your face mask to consume the consecrated bread and then replace the face mask before moving back to your place in the congregation.

The president and people receive communion. The Church of England invites to Holy Communion all baptised persons who are communicant members of other Churches which subscribe to the doctrine of the Holy Trinity, and who are in good standing in their own Church. Those who are prevented by conscience or the rules of their own Churches from receiving the Blessed Sacrament are invited to receive a blessing. Gluten-free bread is available upon request.

Post-Communion Hymn: And Now, O Father, Mindful of the Love *please sit*

**And now, O Father, mindful of the love
that bought us, once for all, on Calvary's tree,
and having with us him that pleads above,
we here present, we here spread forth to thee**

**that only offering perfect in thine eyes,
the one true, pure, immortal sacrifice.**

**Look, Father, look on his anointed face,
and only look on us as found in him;
look not on our misusings of thy grace,
our prayer so languid, and our faith so dim.
For lo! Between our sins and their reward
we set the Passion of thy Son our Lord.**

**And then for those, our dearest and our best,
by this prevailing presence we appeal:
O fold them closer to thy mercy's breast;
O do thine utmost for their souls' true weal;
from tainting mischief keep them white and clear,
and crown thy gifts with strength to persevere.**

**And so we come: O draw us to thy feet,
most patient Saviour, who canst love us still;
and by this food, so awesome and so sweet,
deliver us from every touch of ill.
In thine own service make us glad and free,
and grant us never more to part with thee.**

Remember, I am with you always, to the end of the age, says the Lord. (Matthew 28.20)

Silence is kept.

Post-Communion Prayers

Lord God, the source of truth and love,
keep us faithful to the apostles' teaching and fellowship,
united in prayer and the breaking of bread,
and one in joy and simplicity of heart,
in Jesus Christ our Lord.

Amen.

Please stand

**Almighty God,
we thank you for feeding us
with the body and blood
of your Son Jesus Christ.
Through him we offer you
our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit to live and work
to your praise and glory. Amen.**

THE DISMISSAL

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.
Amen.

Some brief announcements may be made by the president

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Recessional Hymn: Jesus, Lover of My Soul *please stand*

**Jesus, lover of my soul,
let me to thy bosom fly,
while the nearer waters roll,
while the tempest still is high;
hide me, O my Savior, hide,
till the storm of life is past;
safe into the haven guide,
O receive my soul at last.**

**Other refuge have I none;
hangs my helpless soul on thee.
Leave, ah! leave me not alone,
still support and comfort me.
All my trust on thee is stayed,
all my help from thee I bring;
cover my defenseless head
with the shadow of thy wing.**

**Thou, O Christ, art all I want,
More than all in Thee I find;
Raise the fallen, cheer the faint,
Heal the sick, and lead the blind.
Just and holy is Thy Name;
I am all unrighteousness:
false and full of sin I am;
thou art full of truth and grace**

**Plenteous grace with thee is found,
grace to cover all my sin;
let the healing streams abound;
make and keep me pure within.**

**Thou of life the fountain art;
freely let me take of thee;
spring thou up within my heart,
rise to all eternity.**

The ministers and people depart.

PLEASE WAIT TO BE GUIDED OUT SAFELY BY THE VERGER

Thank you for joining us in worship today, we hope to welcome you again soon!

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