

ST NICHOLAS' ANGLICAN CHURCH, HELSINKI

A diverse and inclusive community of Word and Sacrament

The Eucharist, 8th August 2021, Tenth Sunday after Trinity



Anneli Anderson

St Nicholas' Anglican Church

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Welcome

We warmly welcome you to our Sunday Eucharist! We hope you will stay for a chat and refreshments after the service.

Staying Safe

You will be asked for a contact number when you arrive at Church for the purposes of Contact Tracing. Please sanitise your hands as you enter Church and wear a face mask. The Verger will guide you to your seat to ensure social distancing is maintained.

Participating in the Service

The order of service indicates whether to sit or stand, however please feel free to adopt the posture that you feel most comfortable with. If you have difficulty coming up for communion then please let the Verger know and we will bring Communion to you.

Music

Music notation for the Kyrie & Gloria, Sanctus & Benedictus, and Agnus Dei are available on a separate sheet.

Children

Children are always welcome at our services. Sunday School takes place during school term-time, on Sundays at 10am in the Church crypt. We also have a Youth Group for ages 11 plus. To find out more please speak to one of our Sunday School teachers on the contact list.

Giving to St Nicholas

The Chaplaincy does not benefit from 'Church tax.' We have a contactless payment option and a collection basket at the back of Church. Please consider regular via our website or using the Chaplaincy Bank Details: Suomen Anglikaaninen Kirkko (The Anglican Church in Finland), IBAN: F173 3131 1000 3282 07Ref:1009

Social media

You can follow us on

Facebook: <https://www.facebook.com/anglicanfinland>

Instagram: https://www.instagram.com/anglican_church_helsinki/

Twitter: St Nicholas' Church, Helsinki @anglicanfinland

If you would like to receive our weekly newsletter then please visit the 'Contact Us' page on our website

Video & Photography

We kindly ask that no photos are taken during the service to protect the privacy of fellow worshippers. Our services are streamed online and every care is taken to ensure that members of the congregation are not visible, but if you have any questions then please speak with the Verger.

Contact us

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Vacant

Vacant

[Please use the contact emails provided]

Please stand as the clergy enter

Lord, hear my prayer
and in your faithfulness heed my supplications;
answer me in your righteousness. (Psalm 143.1)

Let us proceed in peace
In the name of Christ, Amen!

Entrance Hymn: 551, O Worship the King

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

The Greeting

The Lord be with you
and also with you.

Words of welcome or introduction may be said.

Prayer of Preparation

**Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

Prayers of Penitence

God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins,
to be our advocate in heaven,
and to bring us to eternal life.
Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

Silence is kept

**Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,**

**through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name. Amen.**

The President declares absolution.

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord. **Amen.**

Kyrie & Gloria *we sing*

**Lord, have mercy; Lord, have mercy; Lord, have mercy.
Christ, have mercy; Christ, have mercy; Christ have mercy.
Lord, have mercy; Lord, have mercy; Lord have mercy.**

**Glory to God in the highest,
and peace to his people on earth**

**Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

The Collect *we remain standing*

The president introduces a period of silent prayer with the words 'Let us pray' or a more specific bidding.

Let your merciful ears, O Lord,
be open to the prayers of your humble
servants;
and that they may obtain their petitions
make them to ask such things as shall
please you;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen**

THE LITURGY OF THE WORD

The First Reading: 1 Kings 19.4-8. Read by Arne Laitinen *we sit*

A reading from the first book of Kings

Elijah went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, O LORD, take away my life, for I am no better than my ancestors.' Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, 'Get up and eat.' He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the LORD came a second time, touched him, and said, 'Get up and eat, otherwise the journey will be too much for you.' He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

This is the word of the Lord.

Thanks be to God.

This is the word of the Lord.

Thanks be to God.

Psalm 34.1-8 *we remain seated whilst the choir sings*

The Second Reading: Ephesians 4.25-5.2. Read by Jeremy Johnson *we sit*

A reading from the epistle of St Paul to the Ephesians

Putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear.

And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

This is the word of the Lord.

Thanks be to God.

Gradual Hymn: 70, Be Thou My Vision *please stand*

Gospel Reading: John 6.35, 41-51 *please remain standing*

Alleluia! **Alleluia!**

Do not work for the food that perishes, but for food that endures for eternal life.

Alleluia! (John 6.27)

The Lord be with you

and also with you.

Hear the Gospel of our Lord Jesus Christ according to John.

Glory to you, O Lord.

Jesus said to the crowd, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' Jesus answered them, 'Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

were sick and cured them.

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon *please sit*

The Nicene Creed *please stand*

**We believe in one God,
the Father, the Almighty,**

maker of heaven and earth,
of all that is, seen and unseen.

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father *[and the Son]**,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and
apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

**For ecumenical reasons, and according to the Anglican – Oriental Orthodox Agreement, Filioque can be omitted.*

Prayers of Intercession *please sit or stand*

The response to the petition
Lord, in your mercy *is*
hear our prayer.

The prayers conclude:
Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

THE LITURGY OF THE SACRAMENT

The Peace *please stand*

We are the body of Christ.
In the one Spirit we were all baptized into one body.
Let us then pursue all that makes for peace and builds up our common life.

The peace of the Lord be always with you.
and also with you.

Let us offer one another a sign of peace. *Please wave or use a 'Namaste' greeting.*

Preparation of the Table

Offertory Hymn: 686, Through All the Changing Scenes of Life

If you would like to make a donation to support the continuing mission of the Chaplaincy then we have a contactless payment option or offerings can be made in the basket provided as you exit the Church. Please sit whilst the table is prepared and bread and wine are placed upon it. One or more of the prayers may be said.

Blessed are you, Lord God of all creation: through your goodness we have this bread to set before you, which earth has given and human hands have made. It will become for us the bread of life. **Blessed be God for ever.**

Blessed are you, Lord God of all creation: through your goodness we have this wine to set before you, fruit of the vine and work of human hands. It will become for us the cup of salvation. **Blessed be God for ever.**

This, or another suitable prayer may be read:

Pray, my brothers and sisters,
that our sacrifice may be acceptable
to God the almighty Father.
**May the Lord accept the sacrifice we offer
for the praise and glory of his name,
for our good, and the good of all his Church.**

The Eucharistic Prayer *please stand*

The Lord be with you
and also with you

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

It is truly right and just, our duty and our salvation,
always and everywhere to give you thanks,

holy Father, almighty and eternal God.
From sunrise to sunset this day is holy,
for Christ has risen from the tomb
and scattered the darkness of death
with light that will not fade.
This day the risen Lord walks with your gathered people,
unfolds for us your word,
and makes himself known in the breaking of the bread.
And though the night will overtake this day
you summon us to live in endless light,
the never-ceasing sabbath of the Lord.
And so, with choirs of angels
and with all the heavenly host,
we proclaim your glory
and join their unending song of praise:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Great is the mystery of faith:
**Christ has died:
Christ is risen:
Christ will come again.**

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;

rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.
As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

Amen.

The Lord's Prayer

Let us pray with confidence as our Saviour has taught us:

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

We break this bread to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

The Breaking of Bread

We break this bread
to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

The Agnus Dei *we sing*

**Jesus, Lamb of God:
have mercy on us.**

**Jesus, bearer of our sins:
have mercy on us.**

**Jesus redeemer of the world:
grant us your peace.**

Giving of Communion

The president says the invitation to communion:

God's holy gifts for God's holy people.
**Jesus Christ is holy,
Jesus Christ is Lord,
to the glory of God the Father.**

we sing with the Choir...

Hymn During Communion: 369 Jesu, Thou Joy of Loving Hearts EALING

PLEASE WAIT TO BE INVITED BY THE VERGER TO RECEIVE HOLY COMMUNION.

We kindly ask that you extend your hands, with your face covering in place. You may lower or unloop your face mask to consume the consecrated bread and then replace the face mask before moving back to your place in the congregation.

The president and people receive communion. The Church of England invites to Holy Communion all baptised persons who are communicant members of other Churches which subscribe to the doctrine of the Holy Trinity, and who are in good standing in their own Church. Those who are prevented by conscience or the rules of their own Churches from receiving the Blessed Sacrament are invited to receive a blessing. Gluten-free bread is available upon request.

Post-Communion Hymn: 714, We Hail Thy Presence Glorious *please sit*

I am the gate, says the Lord;
whoever enters by me will be saved
and will come in and go out and find food. (John 10.9)

Silence is kept.

Post-Communion Prayers

God of our pilgrimage,
you have willed that the gate of mercy
should stand open for those who trust in you:
look upon us with your favour
that we who follow the path of your will
may never wander from the way of life;
through Jesus Christ our Lord. **Amen.**

Please stand

**Almighty God,
we thank you for feeding us
with the body and blood
of your Son Jesus Christ.**

**Through him we offer you
our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit to live and work
to your praise and glory. Amen.**

THE DISMISSAL

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.
Amen.

Some brief announcements may be made by the president

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Recessional Hymn: 695, To God Be the Glory *please stand*

The ministers and people depart.

PLEASE WAIT TO BE GUIDED OUT SAFELY BY THE VERGER

Thank you for joining us in worship today, we hope to welcome you again soon!

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Bible Activity for Kids:

Elijah-1 Kings 17:6

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