

ANGLICAN-EPISCOPAL CHAPLAINCY OF ST NICHOLAS, HELSINKI

A diverse and inclusive community of Word and Sacrament

Midsummer Eucharist, 27th June 2021, Fourth Sunday after Trinity

We warmly welcome you to our Sunday Eucharist! The order of service indicates whether to sit or stand, however please feel free to adopt the posture that you feel most comfortable with. We kindly ask that no photos are taken during the service to protect the privacy of fellow worshippers. Our services are streamed online and every care is taken to ensure that members of the congregation are not visible, but if you have any questions then please speak with the Verger. We hope you will stay for a chat and refreshments after the service.

THE GATHERING

Please Stand

Let us proceed in peace

In the name of Christ, Amen!

HYMN: From Heaven you Came, *by Graham Kendrick*

**From heaven you came, helpless babe,
Entered our world, your glory veiled;
Not to be served but to serve,
And give your life that we might live.
This is our God, the Servant King,
He calls us now to follow him,
To bring our lives as a daily offering
Of worship to the Servant King.**

**There in the garden of tears,
My heavy load he chose to bear;
His heart with sorrow was torn,
'Yet not my will but yours,' he said.
This is our God, the Servant King,
He calls us now to follow him,
To bring our lives as a daily offering
Of worship to the Servant King.**

**Come, see his hands and his feet,
The scars that speak of sacrifice,
Hands that flung stars into space
To cruel nails surrendered.
This is our God, the Servant King,
He calls us now to follow him,
To bring our lives as a daily offering
Of worship to the Servant King.**

**So let us learn how to serve,
And in our lives enthrone him;
Each other's needs to prefer,
For it is Christ we're serving.**

**This is our God, the Servant King,
He calls us now to follow him,
To bring our lives as a daily offering
Of worship to the Servant King.**

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

The Lord be with you
and also with you.

Words of welcome or introduction may be said.

Prayers of Penitence

God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins,
to be our advocate in heaven,
and to bring us to eternal life.
Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

Silence is kept

**Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name. Amen.**

The President declares absolution.

Almighty God,
who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your
sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus
Christ our Lord. **Amen.**

Lord, have mercy.
Lord, have mercy.
Christ, have mercy.
Christ, have mercy.
Lord, have mercy.
Lord, have mercy.

Glory to God in the highest,
and peace to his people on earth.

Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.

For you alone are the Holy One,
you alone are the Lord, you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

The Collect

The president introduces a period of silent prayer with the words 'Let us pray' or a more specific bidding. The Collect is said.

O God, the protector of all who trust in you,
without whom nothing is strong, nothing is holy:
increase and multiply upon us your mercy,
that with you as our ruler and guide
we may pass through things temporal
that we lose not our hold on things eternal;
grant this, heavenly Father,
For our Lord Jesus Christ's sake,
who is alive and reigns with you,
In the unity of the Holy Spirit,
One God, now and for ever. **Amen**

THE LITURGY OF THE WORD

Please sit

First Reading: Lamentations 3.23-33

Read by Katharine Roslof

A reading from the book of Lamentations

The LORD's compassions are new every morning; great is your faithfulness. I say to myself, "The LORD is my portion; therefore I will wait for him."

The LORD is good to those whose hope is in him, to the one who seeks him; it is good to wait quietly for the salvation of the LORD. It is good for a man to bear the yoke while he is young. Let him sit alone in silence, for the LORD has laid it on him. Let him bury his face in the dust - there may yet be hope. Let him offer his cheek to one who would strike him, and let him be filled with disgrace.

For men are not cast off by the LORD for ever. Though he brings grief, he will show compassion, so great is his unfailing love. For he does not willingly bring affliction or grief to the children of men.

This is the word of the Lord.

Thanks be to God.

Psalm 30

*Refrain (+):*To you, O Lord, my heart shall sing without ceasing.

To you, O Lord, my heart shall sing without ceasing.

1 I will exalt you, O Lord, because you have lifted me up and have not let my enemies triumph over me.

2 O Lord my God, I cried out to you, and you restored me to health.

3 You brought me up, O Lord, from the dead; you restored my life as I was going down to the grave. +

4 Sing to the Lord, you servants of his; give thanks for the remembrance of his holiness.

5 For his wrath endures but the twinkling of an eye, his favour for a lifetime.

6 Weeping may spend the night, but joy comes in the morning. +

7 While I felt secure, I said, 'I shall never be disturbed. You, Lord, with your favour, made me as strong as the mountains.'

8 Then you hid your face, and I was filled with fear. +

9 I cried to you, O Lord; I pleaded with the Lord, saying,

10 'What profit is there in my blood, if I go down to the Pit? will the dust praise you or declare your faithfulness?

11 Hear, O Lord, and have mercy upon me; O Lord, be my helper.' +

12 You have turned my wailing into dancing; you have put off my sackcloth and clothed me with joy;

13 Therefore my heart sings to you without ceasing; O Lord my God, I will give you thanks for ever. +

GRADUAL HYMN: The King of Love my shepherd is *by H.W. Baker*

**The King of love my shepherd is,
whose goodness faileth never;
I nothing lack if I am his,
and he is mine forever.**

**Where streams of living water flow,
my ransomed soul he leadeth;
and where the verdant pastures grow
with food celestial feedeth.**

**Perverse and foolish oft I strayed,
but yet in love he sought me,
and on his shoulder gently laid,
and home rejoicing brought me.**

**In death's dark vale I fear no ill,
with thee, dear Lord, beside me;
thy rod and staff my comfort still,
thy cross before to guide me.**

**Thou spreadst a table in my sight;
thy unction grace bestoweth;
and O what transport of delight
from thy pure chalice floweth!**

**And so through all the length of days,
thy goodness faileth never:
good Shepherd, may I sing thy praise
within thy house forever.**

Gospel: Mark 5.21-43

The Lord be with you
and also with you.

Hear the Gospel of our Lord Jesus Christ according to Mark.

Glory to you, O Lord.

When Jesus had crossed again in the boat to the other side, a great crowd gathered around him; and he was by the lake. Then one of the leaders of the synagogue named Jairus came and, when he saw him, fell at his feet and begged him repeatedly, 'My little daughter is at the point of death. Come and lay your hands on her, so that she may be made well, and live.' So he went with him.

And a large crowd followed him and pressed in on him. Now there was a woman who had been suffering from haemorrhages for twelve years. She had endured much under many physicians, and had spent all that she had; and she was no better, but rather grew worse. She had heard about Jesus, and came up behind him in the crowd and touched his cloak, for she said, 'If I but touch his clothes, I will be made well.' Immediately her haemorrhage stopped; and she felt in her body that she was healed of her disease. Immediately aware that power had gone forth from him, Jesus turned about in the crowd and said, 'Who touched my clothes?' And his disciples said to him, 'You see the crowd pressing in on you; how can you say, "Who touched me?"'

He looked all around to see who had done it. But the woman, knowing what had happened to her, came in fear and trembling, fell down before him, and told him the whole truth. He said to her, 'Daughter, your faith has made you well; go in peace, and be healed of your disease.'

While he was still speaking, some people came from the leader's house to say, 'Your daughter is dead. Why trouble the teacher any further?' But overhearing what they said, Jesus said to the leader of the synagogue, 'Do not fear, only believe.' He allowed no one to follow him except Peter, James, and John, the brother of James. When they came to the house of the leader of the synagogue, he saw a commotion, people weeping and wailing loudly. When he had entered, he said to them, 'Why do you make a commotion and weep? The child is not dead but sleeping.' And they laughed at him. Then he put them all outside, and took the child's father and mother and those who were with him, and went in where the child was. He took her by the hand and said to her, 'Talitha cum,' which means, 'Little girl, get up!' And immediately the girl got up and began to walk about (she was twelve years of age). At this they were overcome with amazement. He strictly ordered them that no one should know this, and told them to give her something to eat.

This is the Gospel of the Lord.
Praise to you, O Christ.

Sermon
Please sit

The Nicene Creed
Please stand

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,**

who proceeds from the Father *[and the Son],
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and
apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

**For ecumenical reasons, and according to the Anglican – Oriental Orthodox Agreement, Filioque can be omitted.*

Prayers of Intercession
You are welcome to sit or stand

The response to the petition
Lord, in your mercy *is*
hear our prayer.

The prayers conclude:
Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

THE LITURGY OF THE SACRAMENT
Please stand

We are the body of Christ.
In the one Spirit we were all baptized into one body.
Let us then pursue all that makes for peace and builds up our common life.

The peace of the Lord be always with you.
and also with you.

Let us offer one another a sign of peace. *(Please wave to one another or use a 'Namaste' greeting)*

Preparation of the Table

OFFERTORY HYMN: As the deer, *by Martin Nystrom*

**As the deer pants for the water
So my soul longs after You.
You alone are my heart's desire
And I long to worship You.**

***You alone are my strength, my shield,
To You alone may my spirit yield.
You alone are my heart's desire
And I long to worship you.***

**I want You more than gold or silver,
Only You can satisfy.
You alone are the real joy giver
And the apple of my eye.**

**You're my friend and You are my Brother,
Even though You are a King
I love You more than any other,
So much more than anything.**

If you would like to make a donation to support the continuing mission of the Chaplaincy then please do so after the service as you exit the Church – We have a contactless payment option or offerings can be made in the basket provided. The Chaplaincy does not benefit from 'church tax'. Thank you!

Blessed are you, Lord God of all creation: through your goodness we have this bread to set before you, which earth has given and human hands have made. It will become for us the bread of life.

Blessed be God for ever.

Blessed are you, Lord God of all creation: through your goodness we have this wine to set before you, fruit of the vine and work of human hands. It will become for us the cup of salvation.

Blessed be God for ever.

Pray, my brothers and sisters,
that our sacrifice may be acceptable
to God the almighty Father.

**May the Lord accept the sacrifice we offer
for the praise and glory of his name,
for our good, and the good of all his Church.**

The Eucharistic Prayer

The Lord be with you
and also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

The president praises God for his mighty acts and all respond:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

The president recalls the Last Supper, and the following acclamation is used

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

The Prayer continues and leads into the doxology, to which all respond boldly, either:

Amen.

Or:

...in songs of everlasting praise:

Blessing and honour and glory and power

be yours for ever and ever. Amen.

Let us pray with confidence as our Saviour has taught us.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

We break this bread to share in the body of Christ.

Though we are many, we are one body,

because we all share in one bread.

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
grant us peace.**

Giving of Communion

Please sit

The president says the invitation to communion:

God's holy gifts for God's holy people.

Jesus Christ is holy,

Jesus Christ is Lord,

to the glory of God the Father.

PLEASE WAIT TO BE INVITED BY THE VERGER TO RECEIVE HOLY COMMUNION.

We kindly ask that you extend your hands, with your face covering in place. You may lower or unloop your face mask to consume the consecrated bread and then replace the face mask before moving back to your place in the congregation.

The president and people receive communion. The Church of England invites to Holy Communion all baptised persons who are communicant members of other Churches which subscribe to the doctrine of the Holy Trinity, and who are in good standing in their own Church. Those who are prevented by conscience or the rules of their own Churches from receiving the Blessed Sacrament are invited to receive a blessing. Gluten-free bread is available upon request.

POST-COMMUNION HYMN: No eye has seen, by *Paul & Rita Baloché & Ed Kerr*

**No eye has seen, no ear has heard,
No mind has conceived what the Lord has prepared;
But, by His Spirit, He has revealed
His plan to those who love Him.**

(Repeat)

**We've been held by His everlasting love,
Led with loving kindness by His hand;
We have hope for the future yet to come,
In time we'll understand the mystery of His plan**

**No eye has seen, no ear has heard,
No mind has conceived what the Lord has prepared;
But, by His Spirit, He has revealed
His plan to those who love Him.**

The Lord rebuilds Jerusalem,
He gathers the exiles of Israel;
He heals the broken-hearted
And binds up their wounds (Psalm 147.2-3)

Silence is kept.

Post-Communion Prayers

Eternal God,
comfort of the afflicted and healer of the broken,
You have fed us at the table of life and hope:
teach us the ways of gentleness and peace,
that all the world may acknowledge
the kingdom of your Son Jesus Christ our Lord. **Amen.**

Please stand

**Almighty God,
we thank you for feeding us
with the body and blood
of your Son Jesus Christ.
Through him we offer you
our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit to live and work
to your praise and glory. Amen.**

THE DISMISSAL

Blessing

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.
Amen.

Some brief announcements may be made by the president.

Please sit

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Please stand

RECESSIONAL HYMN: My Jesus, my saviour, by Darlene Zschech

**My Jesus My Saviour
Lord There Is None Like You
All Of My Days I Want To Praise
The Wonders Of Your Mighty Love
My Comfort My Shelter
Tower Of Refuge And Strength
Let Every Breath
All That I Am
Never Cease To Worship You.**

**Shout To The Lord
All The Earth Let Us Sing
Power And Majesty Praise To The King
Mountains Bow Down And The Seas Will Roar
At The Sound Of Your Name
I Sing For Joy At The Work Of Your Hands
Forever I'll Love You
Forever I'll Stand
Nothing Compares To The
Promise I Have In You.**

**My Jesus My Saviour
Lord There Is None Like You
All Of My Days I Want To Praise
The Wonders Of Your Mighty Love
My Comfort My Shelter
Tower Of Refuge And Strength
Let Every Breath
All That I Am
Never Cease To Worship You.**

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At The Sound Of Your Name
I Sing For Joy At The Work Of Your Hands
Forever I'll Love You
Forever I'll Stand
Nothing Compares To The
Promise I Have In You.**

The ministers and people depart.

PLEASE WAIT TO BE GUIDED OUT SAFELY BY THE VERGER

Thank you for joining us in worship today, we hope to welcome you again soon!

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